



Occupational Qualification

- China - Psychological Consultant-3 Certificate No.17050000083029521
- China-Music Doula midwife
- Member of Chinese Society of Music Psychology
- Ethics training of Chinese Psychological Society(16 credit hours)
- PhD. Student in Art Therapy, Beijing Normal University
Visiting PhD Student in Hochschule für Musik und Theater München (Music Therapy) and Ludwig-Maximilians-Universität München (Psychology)

Courses and Training

- Tsinghua University - Group Therapy counseling theory and practice special training(48 credit hours)
- China - the fifth Group Therapy Congress(22 credit hours)
- Chinese Medical Education Association - Music Doula midwife training(30 credit hours)
- American music therapist - creative music therapy training(10 credit hours)
- Creative Art Therapy - Music Therapy courses(46 credit hours)
- The third mindfulness and Meditation system training in Beijing Normal University(32 credit hours)
- Oxford Mindfulness Centre -Mindfulness for Life (MBCT-L)
- Chinese Music Therapy System Training(64 credit hours)

Personal Information

Name: Yang Jingyi Nationality: China
Date of birth: 10/06/1995 Academic degree: PhD Student
Universities/Major: Beijing Normal University-Arts Therapy
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Educational Background

2013 Bachelor: Ocean University of China: Music / Journalism
2017 Master: Beijing Normal University Music
Academic Visiting: US. University of Northern Colorado
2020 PhD Student: Beijing Normal University Arts Therapy
2022 Visiting PhD Student: Hochschule für Musik und Theater München (Music Therapy) and Ludwig-Maximilians-Universität München (Psychology)

Occupational History

2022 Beijing Roushan Psychological Consulting Company
2022 Psychological consultation platform of Shaanxi Support Service Federation
2021 Handan Beidou Psychological Consulting Company
2021 Beijing Jiayin Psychological Consulting Company
2020 Clinic of medical psychology, Handan Central Hospital
2017 Student Psychological Counseling Center of Beijing Normal University

Supervised Experience

- Prof. Wolfgang Mastnak (Arts Therapy)
- Prof. Yang Wensheng (group supervision; Chinese culture)
- Peking University Supervisor Liu Juan (psychoanalysis)
- Registered supervisor of Chinese Psychological Society Zhang Yingjun (psychoanalysis)
- Registered supervisor of Chinese Psychological Society Zang Chaoying (group supervision; Integrative Therapy)
- Registered supervisor of Chinese Psychological Society Ma Ningxiang (group supervision; Cognitive Behaviour Therapy)

Scientific Research Experience

- Part of the published papers:
Comprehensive framework of brain stress regulation based on music
An overview of translational research and neuroscience background of prenatal music intervention in China
Sound Work: Sound and body in psychiatry, psychosomatic medicine, and health
Multimodale Musiktherapie bei Schwangerschafts-und Perinataldepression
Review of psychodrama and drama therapy in Taiwan from 2011-2021